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THE CONCIERGE GUIDE

CÔTES D'ARMOR



NORTHERN BRITTANY

This guide has been designed to stay with the house for years to come. Rather than listing information that changes throughout the seasons, it brings together our favourite places and timeless recommendations. For up-to-date information on opening hours, local events, festivals, tide times and seasonal activities, you'll find the latest Tourist Office guidebook available in the house.

Within these pages, we've gathered our favourite places to visit within a 40 km radius of the house, along with a few destinations a little further afield that are well worth the trip.

Feel free to mix and match these suggestions according to the weather, the tides and your own interests. They are not intended as a fixed itinerary, but as a source of inspiration to help you make the most of your stay.





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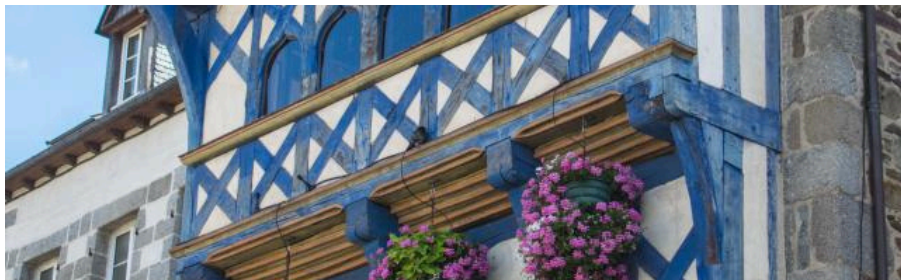
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7 DAYS,
7 EXPERIENCES

DAY 1

Welcome to the Banks of the River Trieux

A gentle introduction to Brittany, just a few minutes from the house.



DISCOVER

Pontrieux – Wander through the charming streets of this officially recognised Petite Cité de Caractère, famous for its half-timbered houses and flower-filled washhouses lining the River Trieux. Just 5 minutes from the house.

FOOD & DRINK

Le Fournil Bio du Trieux – Organic sourdough bread, delicious pastries and a cosy tea room on Place Yves Le Trocquer in Pontrieux. (Closed on Sundays.)

RELAX

Ôlavoïr – Enjoy a drink on the waterside terrace in the friendly atmosphere of Pontrieux.



Local Tip : Pontrieux's market brings Place Yves Le Trocquer to life on selected mornings. Ask at the Tourist Office for the current schedule.

DAY 2

Paimpol, a blend of Maritime Heritage, Markets and History

Discover one of Brittany's most charming harbours, with its lively Tuesday market and the historic Beauport Abbey overlooking the bay.



MARKET

Paimpol Market – Every Tuesday from 8:00 am to 1:00 pm on Place du Martray. One of the area's best markets for local produce, crêpes, charcuterie and regional cheeses. Just 15 minutes from the house.

DISCOVER

Beauport Abbey – Explore the atmospheric ruins of this 13th-century Gothic abbey, wander through its beautiful gardens and enjoy panoramic views across the bay. Once an important stop on the pilgrimage route to Santiago de Compostela.

RELAX

Ferme Marine Paimpolaise – Enjoy freshly harvested oysters overlooking the oyster beds, with on-site tasting available. Rue Hent Don Kerarzac. (Open Sundays, closed Saturdays.)

DON'T MISS

Quai Morand at sunset – Watch the fishing boats return to the harbour as the evening light falls over Paimpol. One of the town's most memorable sights.

Local Trip : During the summer season, it's worth booking dinner in advance at La Serre or Ostium, two of Paimpol's most sought-after restaurants

DAY 3

Bréhat Island – The Island of Flowers

The week's most unforgettable excursion: a car-free island where colourful gardens, rugged coastline and the sea come together in perfect harmony.



DON'T MISS

The crossing to Bréhat – Ferries depart from Pointe de l'Arcouest (Ploubazlanec). The crossing takes just 10 minutes. Choose between Les Vedettes de Bréhat and Compagnie Sur Mer. The pier is only 15 minutes from the house.

DISCOVER

Explore the island on foot or by bike. Follow the paths to Paon Lighthouse, discover peaceful coves, flower-filled hamlets and the charming Saint-Michel Chapel.

Local Tip

FOOD & DRINK

Lunch on the island – Stop at a local crêperie or sample regional specialities while enjoying beautiful sea views.



Local Tip : during the summer season, book your ferry in advance. The Arcouest car park fills up quickly, especially in the morning.

DAY 4

Sea, Nature and Outdoor Adventure in Paimpol Bay

Spend the day enjoying the great outdoors, with spectacular coastal scenery, crystal-clear waters and unforgettable experiences by the sea.



OUTDOOR ACTIVITIES

Set off on a guided sea kayaking or stand-up paddleboarding trip from the Loguivy-de-la-Mer Watersports Centre, or explore the coastline with Manche West Paddle in Ploubazlanec. Paddle around small islands and admire the Croix Lighthouse from the water.

DISCOVER

Walk a section of the GR34 coastal path around Pors-Even—an easy and scenic route suitable for all ages, with stunning views of the coastline.

LOCAL TASTING

Earl Huîtres Lemoigne – Enjoy freshly harvested oysters overlooking the moorings in Ploubazlanec. (Closed Saturdays and Sundays.)

FOOD & DRINK

End the day with dinner at La Serre or Ostium in Paimpol, two of the town's finest restaurants, renowned for their creative take on Breton cuisine. Advance booking is highly recommended.



DAY 5

Breton Heritage, Castles and Gardens

Discover two remarkable sides of the Trégor region: an elegant country estate with outstanding gardens and one of Brittany's most impressive medieval castles.



DISCOVER

Domaine de la Roche-Jagu – This magnificent 15th-century château is surrounded by award-winning gardens and offers breathtaking views over the Trieux Valley. Located in Ploëzal, just 15 minutes from the house.

DISCOVER

Tonquédec Castle – Explore the spectacular ruins of one of Brittany's finest medieval fortresses, perched on a hillside in the heart of the countryside. Allow around 45 minutes from the house.

FOOD & DRINK

Le Petit Jagu – The tea room at Domaine de la Roche-Jagu is the perfect place for a relaxing break, serving homemade cakes, light lunches and refreshments in a beautiful park setting.

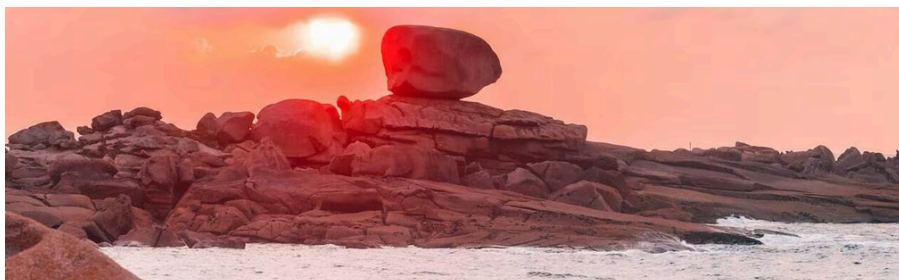
DON'T MISS

A picnic in the gardens – Find a peaceful spot beneath the trees and enjoy lunch overlooking the beautiful Trieux Valley.

DAY 6

Tréguier & the Pink Granite Coast

From the medieval charm of Tréguier to the spectacular rock formations of the Pink Granite Coast, discover two of the Trégor region's most iconic landscapes.



DISCOVER

Saint Tugdual Cathedral – Located in the heart of Tréguier, this magnificent Gothic cathedral is renowned for its beautiful stained-glass windows and peaceful cloister. Around 30 minutes from the house.

OUTDOOR ACTIVITIES

Walk part of the famous GR34 Coastal Path at Ploumanac'h, where the Pink Granite Coast reveals its extraordinary rock formations sculpted by the sea. Approximately 50 minutes from the house.

DON'T MISS

Sunset over the Pink Granite Coast – As the evening light warms the pink granite, the coastline becomes one of Brittany's most breathtaking natural spectacles.

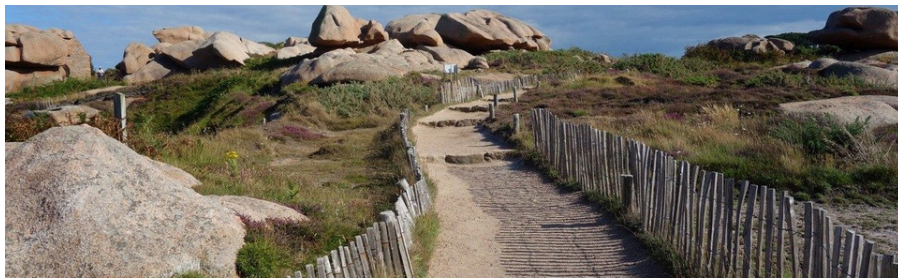
FOOD & DRINK

Enjoy lunch or dinner at a traditional crêperie or a seafood restaurant in Tréguier or Perros-Guirec.

JOUR 7

A Gentle Farewell

Take a little extra time to enjoy the region before setting off on your journey home.



LOCAL TASTING

La Cabane à Huîtres – In Plouézec, enjoy freshly shucked oysters on site or pick up a seafood platter to take with you. Open on Sunday afternoons.

GASTRONOMIE

Last-Minute Shopping – Stock up on Breton specialities, biscuits and local delicacies at Docks & Mer in Paimpol, open 7 days a week.

DISCOVER

Enjoy one final stroll along the River Trieux in Pontrieux, or soak up the atmosphere around Paimpol Harbour before your departure.



Local tip : If you're leaving in the morning, remember to pick up fresh bread and pastries in advance. Le Fournil Bio du Trieux is closed on Sundays, so plan ahead if you're departing on a Sunday.

A BIT
FURTHER AFIELD

A LITTLE FURTHER AFIELD

Around 1½ hours from the house

If you're planning a full day out, these destinations are well worth the journey.



DISCOVER

Dinan – One of Brittany's most beautiful medieval towns, with its remarkably preserved ramparts, the Keep of Duchess Anne and the picturesque Rue du Jerzual. (Approx. 1 hour 10 minutes.)

CULTURE

The Cairn of Barnenez – Overlooking the Bay of Morlaix, this remarkable Neolithic monument is the largest megalithic mausoleum in Europe and offers superb views across the bay. (Approx. 1 hour.)

DON'T MISS

Cap Fréhel & Fort La Latte – Dramatic cliffs, a striking lighthouse and a magnificent 14th-century fortress overlooking the English Channel. (Approx. 1 hour 20 minutes.)

DON'T MISS

Saint-Malo – Brittany's legendary corsair city, famous for its impressive sea walls, historic old town and maritime heritage. Best enjoyed as a full-day excursion. (Approx. 1 hour 35 minutes.)

Local Tip : If you're leaving on a Sunday, remember to buy your bread and pastries the day before, as Le Fournil Bio du Trieux is closed on Sundays.



THE DESTINATION

THE DESTINATION

THE ESSENCE OF TRÉGOR-GOËLO



Between land and sea, Northern Brittany reveals a landscape of unspoilt countryside, dramatic coastline and villages steeped in history. Surrounding the house, you'll discover an authentic side of Brittany, where charming fishing ports, scenic coastal paths and vibrant local traditions have shaped the region for generations.

Just a short drive away, explore the lively harbour of Paimpol, the flower-filled washhouses of Pontrieux, the car-free island of Bréhat, or the spectacular rock formations of the Pink Granite Coast.

Staying here is an invitation to slow down, explore at your own pace, and experience a Brittany that is authentic, welcoming and full of character.

ACTIVITIES

The surrounding countryside is perfect for outdoor adventures. Whether you enjoy coastal walks, sea kayaking, sailing, island excursions, golf, horse riding or paddleboarding, there's something for everyone. The GR34 Coastal Path offers some of the most spectacular scenery in Brittany.



SAILLING

Les Glénans & Loguivy-de-la-Mer Watersports Centre – Sailing schools and supervised outings departing from Paimpol and Ploubazlanec.

KAYAKING & PADDLEBOARDING

Kayaks Paddles Ploumanach – Kayak and paddleboard hire, as well as guided tours through the stunning pink granite rock formations at Saint-Guirec Beach, Perros-Guirec. (50 min.)

WATERSPORTS

Perros-Guirec Watersports Centre (CNPQ) – Dinghy sailing, catamaran sailing and stand-up paddleboarding at Trestraou Beach. (50 min.)

CYCLING

Les Vélos d'Armor – Bike and e-bike hire, with delivery available to your holiday accommodation in Paimpol.

CYCLING

Cyc'Loïc – Bicycle hire and repairs, Chemin de Kergroas, Paimpol.

CYCLING

Bikes Évasion – Electric bike hire with delivery service, ideal for exploring the Vélomaritime cycling route. Perros-Guirec (50 min.)

ADVENTURE PARKS

Vivons Perchés – A treetop adventure course for both children and adults in Pleumeur-Bodou. (1 hour.)

ADVENTURE PARKS

Lantic Parc Aventure – High ropes courses and laser tag in Lantic. (35 min.)

GOLF

Golf Gilles de Boisgelin – A picturesque 12-hole course set beside a château in Pléhédel. (20 min.)

GOLF

Golf des Ajoncs d'Or – An 18-hole course in Lantic. (35 min.)

HORSE RIDING

Les Chevaux de Coat March – Guided horseback rides through the Breton countryside.

BEACHES

From long sandy beaches to hidden coves and family-friendly shores, the coastline offers something for everyone.



WITHIN 30 MINUTES

Port Lazo Beach – Plouézec (15 min.)

A peaceful beach overlooking the islands, with beautiful rocky coves and clear waters.

Pors Don Beach & La Trinité Beach – Ploubazlanec (15 min.)

Two small, sheltered beaches, perfect for swimming and enjoying a quieter stretch of coastline.

Bréhec Beach – Plouha (20 min.)

A beautiful sandy beach set in a sheltered bay, with a small harbour, cafés and restaurants nearby.

Bonaparte Beach – Plouha (20 min.)

A beach steeped in history and an excellent starting point for walks along the famous GR34 Coastal Path.

ON BRÉHAT ISLAND (DAY 3)

Guerzido Beach – The island's largest beach, with plenty of water even at low tide, spectacular granite rocks and a beach café just a short walk away.

Groa Beach – A peaceful sandy beach, revealed at low tide and perfect for a quiet swim.

Nod Goven Beach – A hidden cove featuring a colourful shipwreck, just a 12-minute walk from the ferry landing.

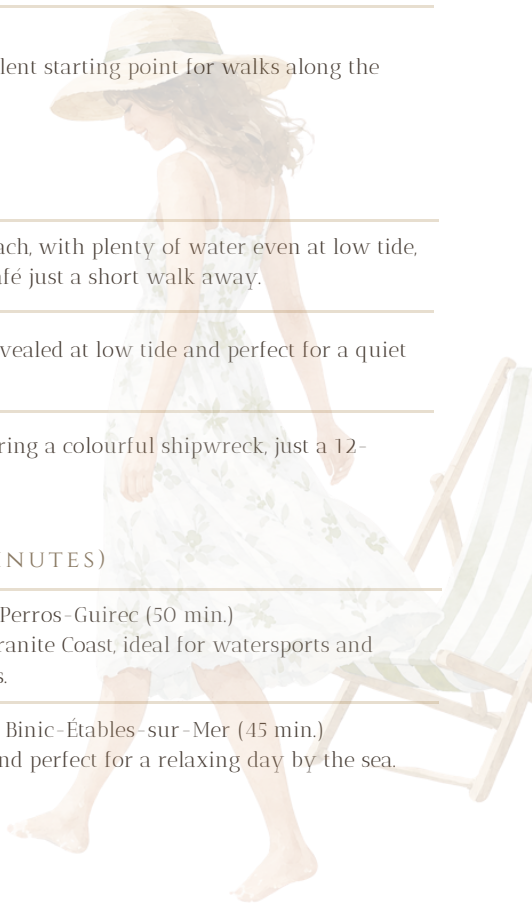
A LITTLE FURTHER AWAY (30–50 MINUTES)

restraou Beach & Saint-Guirec Beach – Perros-Guirec (50 min.)

Two of the finest beaches on the Pink Granite Coast, ideal for watersports and offering stunning views of the Sept-Îles.

Les Godelins Beach & Le Moulin Beach – Binic-Étables-sur-Mer (45 min.)

Wide sandy beaches, ideal for families and perfect for a relaxing day by the sea.



TASTE OF BRITTANY

From bustling markets and traditional crêperies to freshly caught seafood and artisan cider, discover some of our favourite places to experience the flavours of Brittany.

MARKETS & LOCAL PRODUCERS

Paimpol Market – Every Tuesday from 8.00 am to 1.00 pm on Place du Martray. A wonderful market for local produce, crêpes, charcuterie and regional cheeses.

Lézardrieux Market – A charming local market in the heart of the village, perfect for fresh seasonal produce.

CRÊPERIES & BRETON CUISINE

Crêperie Le Dundee – A Paimpol institution serving traditional Breton galettes and crêpes on Rue du Quai.

Aux Vieux Gréments – A welcoming crêperie overlooking the harbour, specialising in galettes, crêpes and Breton cider.

Les Jardins du Trieux – Traditional Breton cuisine served on a riverside terrace in Pontrieux.

Moutik Crêperie – A lovely stop for lunch or a sweet crêpe while exploring Bréhat Island, on the way to Paon Lighthouse.

SEAFOOD RESTAURANTS

Le Terre-Neuvas – Fresh oysters and seafood served overlooking the harbour in Paimpol.

L'Islandais – Renowned for its seafood platters and lobster, with a true maritime atmosphere.

Restaurant Le Neptune – A local favourite for fresh fish and seafood on Quai Morand.

La Serre & Ostium – Paimpol's two finest restaurants, offering contemporary Breton cuisine. Advance booking is highly recommended during the summer season.





WINE, DELICATESSEN & SEAFOOD

Le Cellier du Goëlo – An excellent wine merchant and delicatessen, with a carefully selected range of regional products and regular tastings.

Comptoir des Vignes – Wines, spirits and expert advice.

La Marée du jour – Fresh fish, shellfish and seafood platters to take away.

La Serre & Ostium – Two of Paimpol's most highly regarded restaurants, renowned for their contemporary Breton cuisine. Advance booking is essential during the summer months.

SWEET TREATS & BISCUITS

Chez Ty Kouign – The place to discover Brittany's famous kouign-amann, with shops in Minihy-Tréguier and Perros-Guirec.

Saveurs Gourmandes – A delightful chocolate shop, pâtisserie and tea room in the centre of Paimpol.

Maison Brieuc – Artisan biscuits, salted caramel and fruit preserves, with factory shop and tastings in Yffiniac.

CIDER & LOCAL DRINKS

The Orchard Kernivinen – An organic craft cidery offering visits and tastings in Perros-Guirec.

Cidrie de Cozmezou – Traditional farmhouse cider produced in Plouégat-Guérand.





WHAT'S ON

DON'T MISS

The region comes alive with traditional Breton festivals throughout the year. Music, dancing, maritime heritage and local traditions make every season unique.



MIS-AUGUST

Festival of Traditional Sailing Ships & Sea Shanties – Paimpol's iconic maritime festival, where historic sailing vessels fill the harbour alongside concerts celebrating Breton and maritime music.

LATE AUGUST

Saint-Loup Festival – Held in Guingamp, this is one of Brittany's leading festivals celebrating traditional Breton music and dance.

SPRING

Scallop Festival – A celebration of Brittany's scallop fishing tradition, held in rotation between Erquy, Saint-Quay-Portrieux and Paimpol.

THROUGHOUT THE YEAR

Fest-noz – Experience Brittany's traditional evening dances and live folk music in villages across the region. Ask at the Tourist Office for the latest programme.

Local Tip : You'll find the dates of this year's festivals and events in the Tourist Office guidebook available in the house.



FOR
KIDS

FOR CHILDREN

There's plenty to keep children of all ages entertained, from theme parks and nature adventures to unforgettable experiences on the water.



PARKS & FAMILY ATTRACTIONS

PARK	Gaulish Village - A fun and educational theme park set in the forest, with workshops and traditional wooden games for all ages. Pleumeur-Bodou (1 hr).
MUSEUM	Cité des Télécoms - Le Radôme - An interactive museum exploring the history of telecommunications, with plenty of hands-on exhibits for children and families. (1 hr).
PLANETARIUM	Brittany Planetarium - Family-friendly shows exploring the stars, planets and the wonders of space. Located within the Radôme site. (1 hr).
ZOO	Trégomeur Zoo - A beautifully landscaped zoo specialising in Asian wildlife. (40 min).
TRAIN	The Trieux Steam Train - Travel aboard an authentic steam train between Paimpol and Pontrieux, following the beautiful Trieux estuary. (June to September.)

WATERSPORTS

SAILING COURSES	Trestraou Beach & Saint-Guirec Beach - Two of the best family beaches on the Pink Granite Coast, ideal for swimming and watersports, with beautiful views of the Sept-Îles. (50 min).
KAYAK	Kayaks Paddles Ploumanac'h - Family-friendly kayak excursions among the spectacular pink granite rocks, with activities suitable for children. (50 min).
DINGHY SAILING	Perros-Guirec Watersports Centre - Group sailing courses for children, including catamaran sailing and stand-up paddleboarding. (50 min).



Ideal during spring tides, which occur several times a year around the new and full moons. Boots, a basket, and attention to tide times are recommended.



SHELLFISH GATHERING AS A FAMILY

Loguivy-de-la-Mer: sandbanks and rocky areas, cockles, clams, shrimp and crabs (15 min).

Between Pointe de Bilfot and Bréhec: a well-known spot in Plouézec, cockles, clams and periwinkles (15 min).

Pleubian: beaches and rocky areas accessible at low tide (30 min).

FAMILY HIKES ON THE GR34

EASY Plage Bonaparte ↔ Plage de Bréhec

A family loop along the customs officers' path, Plouha (20 min).

EASY Pointe de l'Arcouest ↔ Pors-Even

An easy coastal walk with views of the Bréhat archipelago (15 min).

NATURE Pink granit Chaos-

A playful trail through the sculpted rocks, Ploumanac'h (50 min).

OUT-OF-THE-ORDINARY FAMILY EXPERIENCES

HERITAGE
VESSEL

Eulalie: a family day aboard an authentic 1900 sardine boat around the Bréhat archipelago, departing from Loguivy-de-la-Mer (15 min).

SAILBOAT

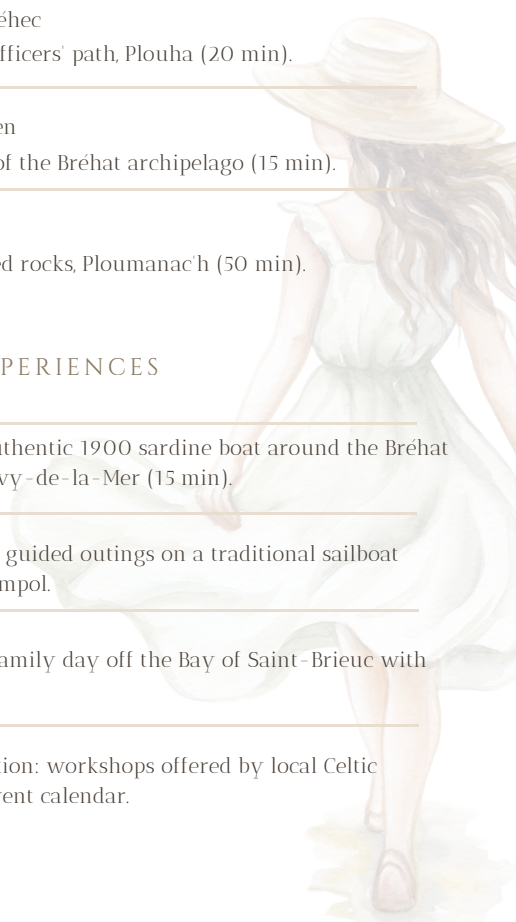
Voiles & Traditions – Enez Koalen: guided outings on a traditional sailboat around Bréhat, departing from Paimpol.

CATAMARAN

Catamaran cruise (Le Maestro): a family day off the Bay of Saint-Brieuc with a skipper (40 min).

DANCE

Breton dance & fest-noz introduction: workshops offered by local Celtic circles, check the tourist office's event calendar.



ADDRESSES

Plenty to keep both young and old busy, from theme parks to nature outings and first experiences at sea.

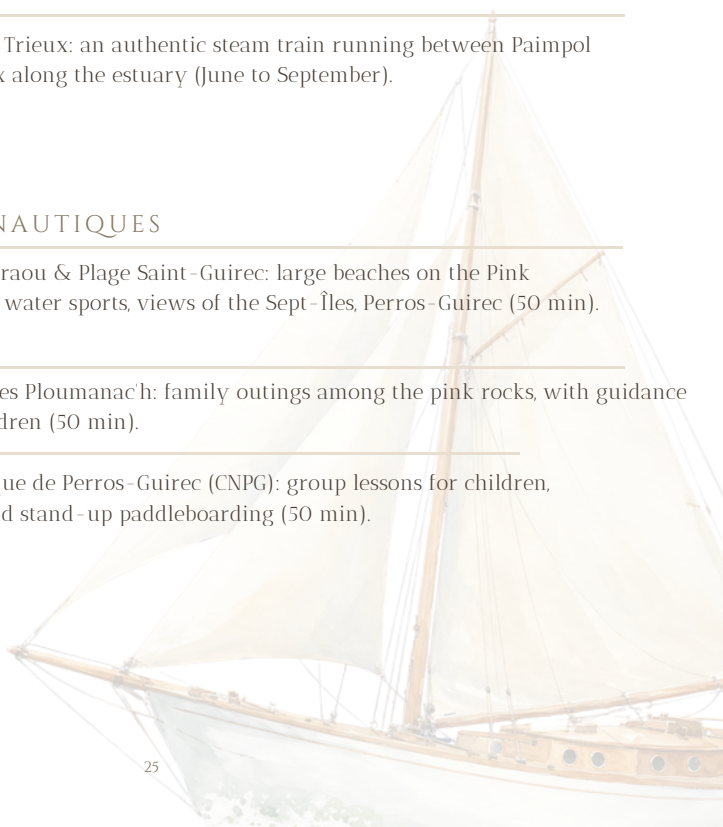


MUST-SEE VISITS & PARKS

PARK	Village Gaulois: a fun, educational park set in the forest, with workshops and wooden games for all ages, Pleumeur-Bodou (1h).
MUSEUM	Cité des Télécoms – Le Radôme: an interactive museum on the history of telecommunications, a real hit with kids (1h).
PLANÉTARIUM	Planetarium de Bretagne: family shows about stars and space, on the same site as Le Radôme (1h).
ZOO	Zooparc de Trégomeur: an immersive zoo dedicated to Asian wildlife, set in a lush, shaded park (40 min).
TRAIN	La Vapeur du Trieux: an authentic steam train running between Paimpol and Pontrieux along the estuary (June to September).

STAGES & ACTIVITÉS NAUTIQUES

SAILING COURSE	Plage de Trestraou & Plage Saint-Guirec: large beaches on the Pink Granite Coast, water sports, views of the Sept-Îles, Perros-Guirec (50 min).
KAYAK	Kayaks Paddles Ploumanac'h: family outings among the pink rocks, with guidance suited to children (50 min).
DINGHY SAILING	Centre Nautique de Perros-Guirec (CNPG): group lessons for children, catamaran and stand-up paddleboarding (50 min).



THE H COLLECTIONS

Enjoy !

CONTACT@THEHCOLLECTIONS.COM